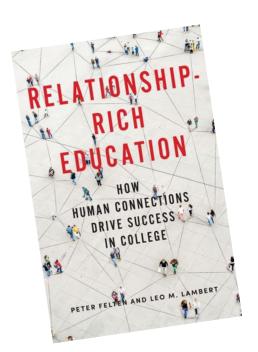
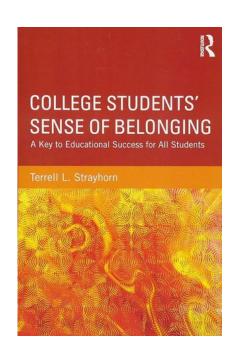
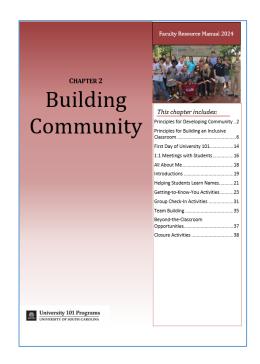
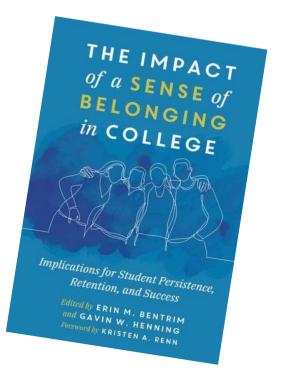
Building Community

Establishing a Sense of Belonging through a First-Year Seminar

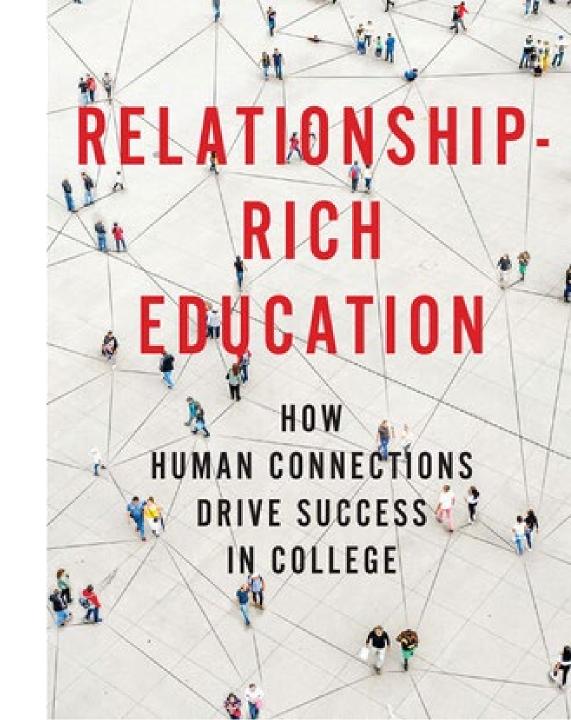








"Decades of research demonstrate that peerto-peer, student-faculty, and student-staff relationships are the foundation of learning, belonging, and achieving in college" (p. 5).



Onboarding Framework (Bauer, 2010)

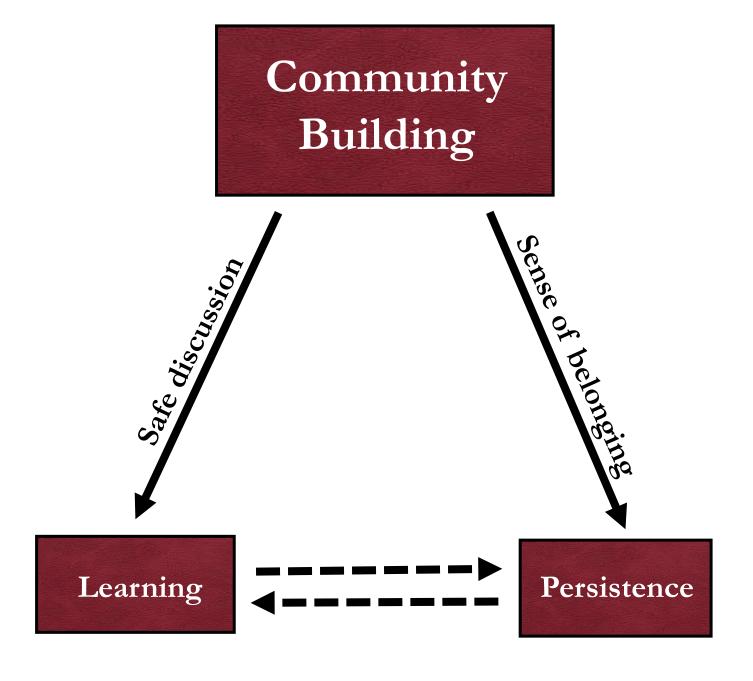
- **Compliance** is the lowest level and involves learning the basic rules and policies of the organization.
- Clarification ensures that the new members understand their roles and responsibilities.
- Culture explains the norms for the organization, describing how things work, and explaining how they fit within and impact the larger organization.
- **Connection** is the highest level, wherein a new member develops relationships with the other members of the organization and begins to feel like part of the group. It helps to assign a mentor who can be readily available to answer any questions.

Which factors predict persistence in U101?

- Used FYI data set & included variables from student data file (persistence and GPA)
 - 2,014 responses (72% response rate)
- A series of logistic regressions were conducted
 - Controlled for gender, race, and high school grades

#1 Predictor = Sense of Belonging

Friedman & Padgett (2010).



How can you foster sense of belonging for your students?

Elements:

1. Identify people with similar interests

2. Accepted by other students at the institution

3. Finds it easy to make new friends





Subscribe to **Insights for College Transitions**

Insights for College Transitions

Volume 20 (Issue 1) Making the Case Featured Program First-Year Seminars The Toolbox Research & Assessment Engaging Scholarship NRConnect Archive About



The National Resource Center as a Catalyst for Research-Informed Practice

Kate Lehman, PhD. Director of the National... SEP 9 · INSIGHTS



Next Bearcat Lives Here: A University of Cincinnati First-Year Seminar

Annie Kelly, EdD, Assistant Professor, Universi...



A publication of the National Resource Center at the University of South Carolina

Welcome to Insights!

Overview of sections and how to navigate.

A SEP 9 · INSIGHTS



A Model for Building Community in a First-Year Seminar

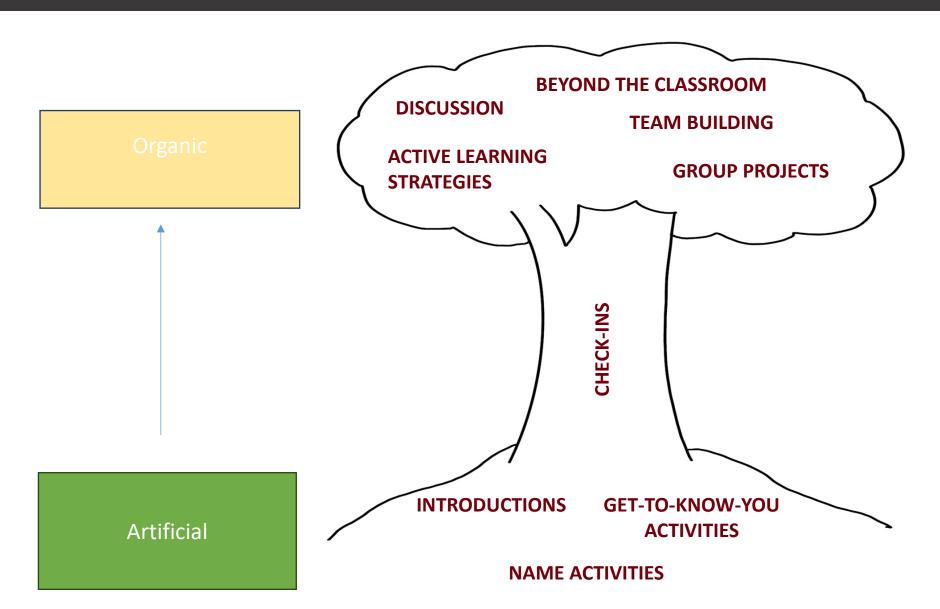
Katie Hopkins, Associate Director, University... SEP 9 · INSIGHTS



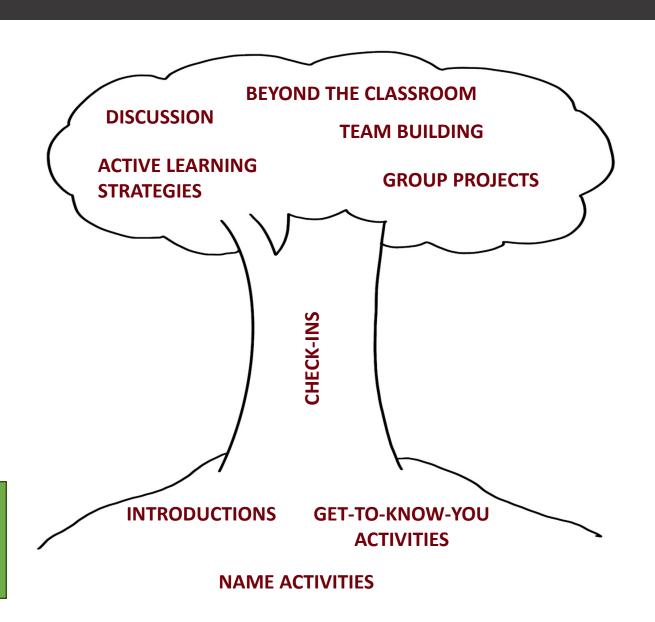
Creating Welcoming and **Inclusive Spaces for Learning**

Brad Garner, PhD, Digital Learning Scholar in... SEP 9 · INSIGHTS

Progression & Sequencing



Progression & Sequencing



Comfort Choice Connection

Get to know you





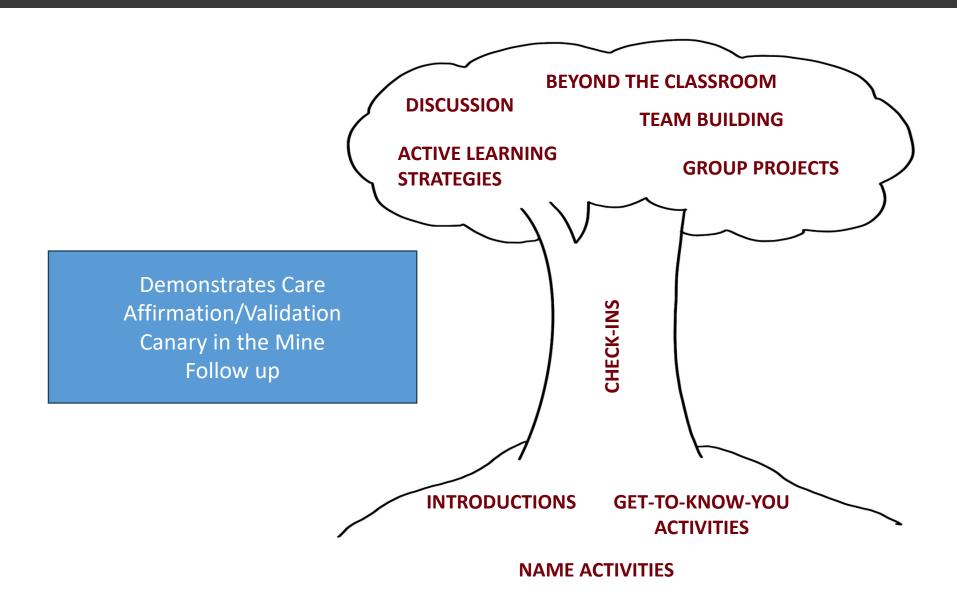


Button Activity



Wheel within a wheel

Progression & Sequencing



Check-In Examples

High or Low

Sweet or Sour

Rose, Bud, or Thorn

On a Scale of....

Flavor Words

Choose 2	Crispy	Garlicky	Mashed	Roasted	Stale
Flavor Words to describe how you're doing!	Crumbly	Gelatinous	Meaty	Robust	Sticky
	Crunchy	Gingery	Mellow	Rubbery	Stale
	Crusty	Glazed	Mild	Runny	Stringy
	Doughy	Grainy	Minty	Salty	Strong
Acidic	Dry	Greasy	Moist	Sautéed	Sweet
Acrid	Earthy	Gooey	Mushy	Savory	Sweet-and-
	Eggy	Gritty	Nutty	Seared	Sour
Aged	Fatty	Harsh	Oily	Seasoned	Syrupy
Bitter	Fermented	Hearty	Oniony	Sharp	Tangy
Bittersweet	Fiery	Heavy	Overripe	Silky	Tart
Bland	Fishy	Herbal	Pasty	Slimy	Tasteless
Burnt	Fizzy	Hot	Peppery	Smokey	Tender
Buttery	Flakey	lcy	Pickled	Smothered	Toasted
Chalky	Flat	Infused	Plain	Smooth	Tough
Cheesy	Flavorful	Juicy	Powdery	Soggy	Unflavored
Chewy	Fresh	Lean	Raw	Soupy	Unseasoned
Chocolaty	Fried	Light	Refreshing	Sour	Velvety
Citrusy	Fruity	Lemony	Rich	Spicy	Vinegary
Cool	Full-bodied	Malty	Ripe	Spongy	Watery
Creamy	T dii bodica	mairy	Tupo	opongy	



	Frequency of Class Check-Ins			
	Rarely or Never $n = 149$	Occasionally $n = 734$	Frequently $n = 3776$	
Taking University 101 has been a valuable experience.	3.62	4.28	4.56	
Establish friendships with peers.	5.36	6.14	6.54	





U101 seems to contribute positively to students' mental health

FACT

	Mean	% Agree
University 101 helped me recognize <u>I am not alone</u> in my experiences, feelings, and challenges.	4.58	92.2%
In this class, I was able to speak openly and honestly about my mental health.	4.45	86.6%
University 101 has helped me better understand the mental health resources available to me.	4.56	91.8%
After taking University 101, I am more likely to seek help for my mental health needs.	4.39	83.0%

GREAT JOBS, GREAT LIVES GALLUP-PURDUE INDEX INAUGURAL NATIONAL REPORT



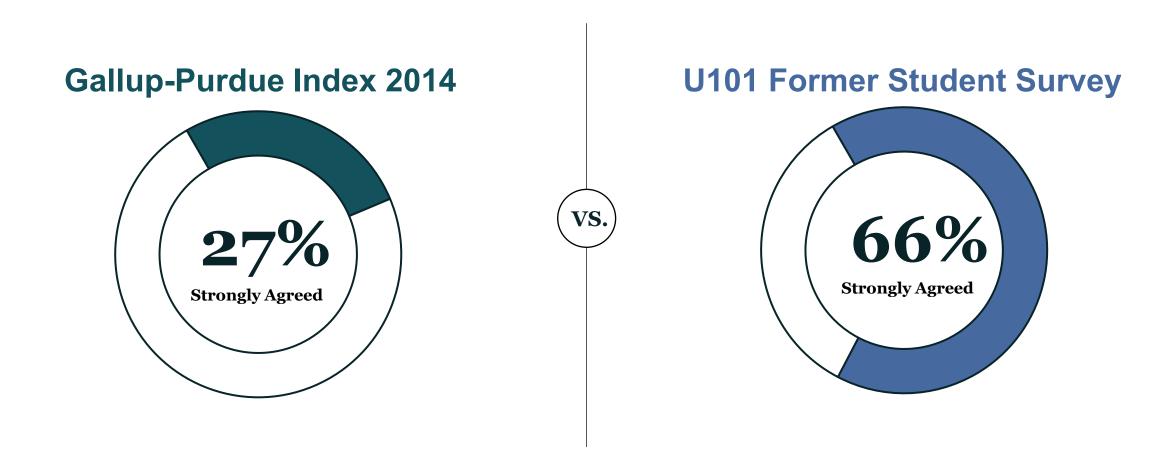
The *Gallup-Purdue Index*, a recent survey of more than 30,000 U.S. college graduates, found that those who were emotionally supported during college, and who had experiential and deep learning, were more likely to have high well-being. These findings held true regardless of the type of four-year institution—public or private not-for-profit college; a highly selective institution or a less selective institution; or a top 100-ranked school in the *U.S. News & World Report* vs. other schools. Find the full report at *www.gallup.com*

THE UNDERGRADUATE EXPERIENCE:

SUPPORT AND EXPERIENTIAL LEARNING	(% Strongly Agree)
I had at least one professor who made me excited about learning.	63%
My professors cared about me as a person.	27%
I had a mentor who encouraged me to pursue my goals and dreams.	22%
All three	14%
I worked on a project that took a semester or more to complete.	32%
I had an internship or job that allowed me to apply what I was learning in the classroom.	29%
I was extremely active in extracurricular activities and organizations.	20%
All three	6%
All six	3%

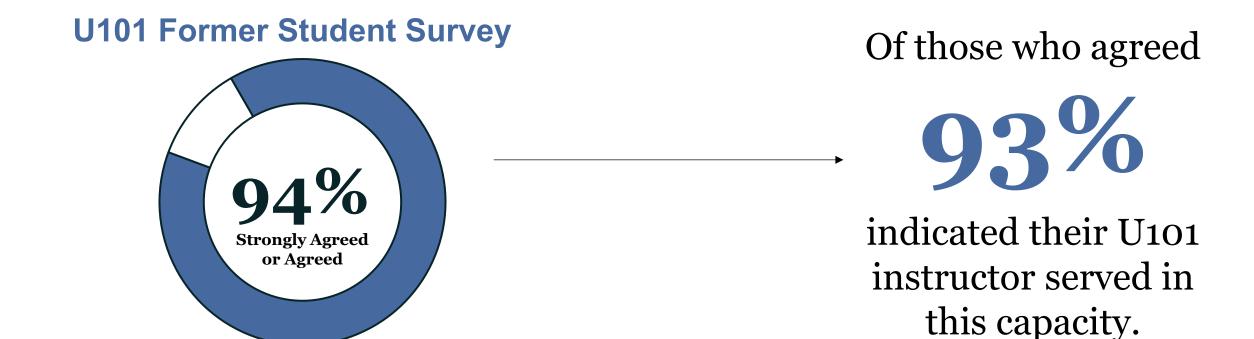
Inspiring and Supporting Students

I had at least one instructor who cared about me as a person.

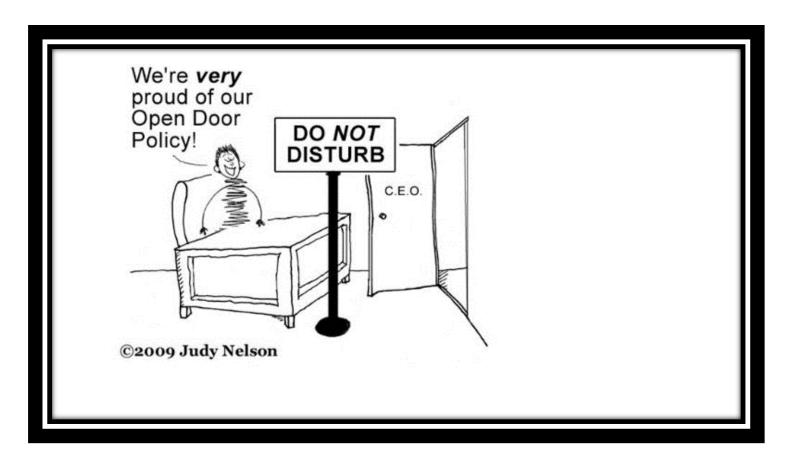


Inspiring and Supporting Students

I had at least one instructor who cared about me as a person.



Accessibility v Approachability





In their words...

