# **Hullabaloo U Interdisciplinary Section Offerings**

All Hullabaloo U interdisciplinary offerings provide each student with a welcoming environment, a faculty or staff instructor who is committed to their success, a peer mentor to help them navigate the transition to Texas A&M, and a small community (about 25) of other first year students.

Choose a section from one of the following:

## Hullabaloo U: Future Teachers – FYEX 101, Section 647 - 0 Credit

This section of Hullabaloo U is offered through the College of Education and Human Development's Educational Psychology Department and is designed for future teachers, especially those majoring in bilingual education and special education. Students in this section will access the First Year Experience curriculum through the lens of the education field. Additionally, students in this community will have early contact with major-specific professors, learn about the variety of professions and settings within education (co-taught, resource, self-contained, speech-language pathologist, behavior specialist, etc), and foster relationships with other students in their major from week 1 on campus. The section will meet once weekly, as well as provide opportunities for community-building through meals, games, and other local outings across the semester.

### Hullabaloo U: Residential Cluster - FYEX 101, Sections 444-453 - 0 Credit

On-Campus students only

These sections of Hullabaloo U focus specifically on students who live on campus. These sections will offer content for residential students to engage in the on-campus community with other students as well as support them through their first year here at Texas A&M University.

# Hullabaloo U: Residential Leadership (ResLEAD) - FYEX 101, Sections 454-457 - 0 Credit

On-Campus students only

This section of Hullabaloo U is designed for students living on campus who want to grow as leaders, get involved, and build community. Through hands-on activities and reflection, students will develop skills in time management, communication, values-based decision-making, and teamwork. Lessons focus on real-life leadership applications tied to Texas A&M's Core Values, helping students gain confidence and purpose both in and out of the classroom.

### Hullabaloo U: Residential Wellness (ResWELL) - FYEX 101, Section 458 - 0 Credit

On-Campus students only

This section of Hullabaloo U focuses on promoting wellness among students living on campus. Designed around the 8 Dimensions of Wellness—Physical, Mental, Emotional, Social, Intellectual, Occupational, Spiritual, and Environmental—this course helps students prioritize their well-being while fostering personal growth and resilience. Participants will engage in wellness-related activities, enhance self-care practices, and build a sense of purpose in maintaining their health. This supportive environment connects students to campus resources and wellness initiatives, encouraging meaningful connections within the university community.

### Hullabaloo U: General Sections - FYEX 101, Sections 459-600 - 0 Credit

Hullabaloo U general sections will focus on building community and transitioning to Texas A&M within a community of learners representing a variety of majors. The content of the course is relevant, responsive and timely to equip you with the skills needed to achieve your unique academic and personal goals, and take advantage of campus resources.

