

MY DREAM LIFE

Environment

Describe your home & physical location (city, state, country). What is the culture like? Weather? Suburbs/city/country? Ocean/mountains/forest/desert?

Relationships

What are your friends, family & community like? What qualities do they possess? How do you feel around them? What are you doing with them?

Career

What are you doing? What is your place of work like (physical space, culture, values)? Salary range? Work hours? What are you knowledgeable about?

Education

What major did you graduate with? What do you enjoy learning or reading about? Do you hold a graduate degree or degrees? If so, what kind?

Leisure

What do you do for fun? Who are you with? Where are you vacationing? What do you like to do in your spare time?

Healthy Habits

How do you feel and what are your healthy habits? Example topics include food, exercise, sleep, spirituality/religion, reading, time with loved ones, etc.

MY ACTION PLAN

Name: _____ UIN: _____ Date: _____

What activities or organizations can you pursue that could move you in the direction of your dream life?

	<i>Priority</i>	<i>Complete</i>
1. _____	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>

What on-campus resources should you meet with?

1. _____	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>

What professional(s) can you meet with to learn more about your dream career(s)?
(Use *AggieNetwork.com* to email Aggies who are working in your dream job)

1. _____	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>

What kind of internships, co-ops, or shadowing would help you achieve your dream career? (Use *HireAggies.com* to look for opportunities)

1. _____	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>

What else can you be doing right now, or this semester, to start working towards your dream life?

1. _____	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>